

Baby'space Parent and Infant Classes

Are you interested in building a partnership with your baby that lasts a life time?

Do you want to feel supported on your parenting journey?

Would you like to connect with other parents in your community?

Would you like to learn more about natural development of the mind and body?

Then these fun, interactive and informative classes are for you.



It is now widely known that the first 1000 days are the most important time in your child's life. It is during this time that social emotional and physical development unfolds.

Making parenting one of the most important jobs for our future generations and communities.

Learning to work in partnership with children instead of against children is a step forward in a brighter future for all in Aotearoa, New Zealand.

This 10-week course has been designed and written by New Zealand's own Pennie Brownlee, a local author and child advocate.

After intensive training at the Pikler institute in Budapest, Hungry Brownlee combined her bi cultural knowledge of Aotearoa and developed a programme that would support parents and children within New Zealand, protecting children and families through participation and partnership to develop a culture of respect and kindness.

You will be welcomed into a calm safe space and gifted a beautifully illustrated handbook. During the classes, you will have time to relax and delight in your baby's natural unfolding, giving you the space to connect and enjoy your precious time with your baby.

Testimonials

"Have loved this course and found it super beneficial. I strongly recommend this programme, not just for the amazing content but also for the safe space with other likeminded Mums who have become my tribe".

Steph

"This has been fundamental to the way both my partner and I parent and has also allowed us to have chats with family in a constructive way around parenting".

Sian

"This weekly course has helped me to stay centered and to be a better Mum, thank you!"

Le Shana

Baby'space Parent and Infant Classes

Age Group:

12 months and under

When and where:

Classes are available every school term for 10 weeks and are in Thames, Waihi and Paeroa

How much:

Nothing, this is a community service funded by CAPS Hauraki

What to bring:

Bring your baby and yourself. Partners and grandparents are also very welcome.

Who runs the classes:

Facilitated by educators who have completed formal training in the three stage Baby'space course

Would you like to express interest:

Contact CAPS Hauraki on
07 868 8644

email: reception@capshauraki.co.nz or
come in and see us at 732B Queen Street, Thames.

Programme Facilitator

Sharon McIntyre - Thames

Regan Mayo - Thames

Gonny Ormsby - Waihi

Illouska Callaghan - Waihi

Office Hours:

8:30am to 4:30pm Mon–Fri

Ph: (07) 868 8644

Free Call 0508 2277 28 (CAPS CU)

Email: reception@capshauraki.co.nz

Venue Address

Thames

Thames Plunket Clinic,
702 Cochrane Street, Thames

Waihi

Waihi Play Centre,
Consols Street, Waihi

www.capshauraki.co.nz

This service is available to NZ residents / citizens.
Please discuss with CAPS Staff any concerns regarding this.



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